



@therock

therock 

CEO: Seven Bucks Companies Founder: Teremana Tequila

Followers

172,559,435

Uploads

4,791

Engagement

0.73%

Other Average Engagement

Engagement 

1%

Average Likes 

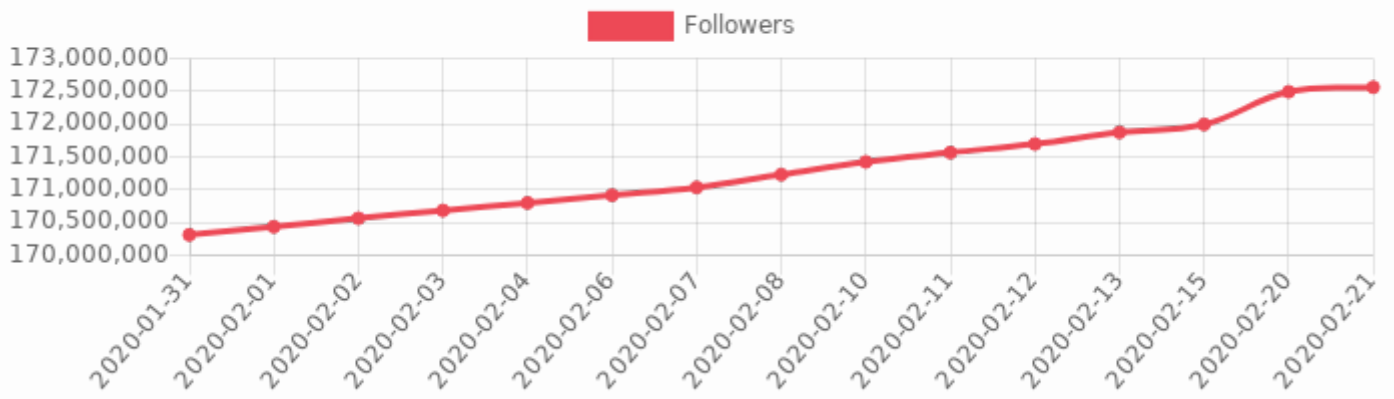
1,257,810

Average Comments 

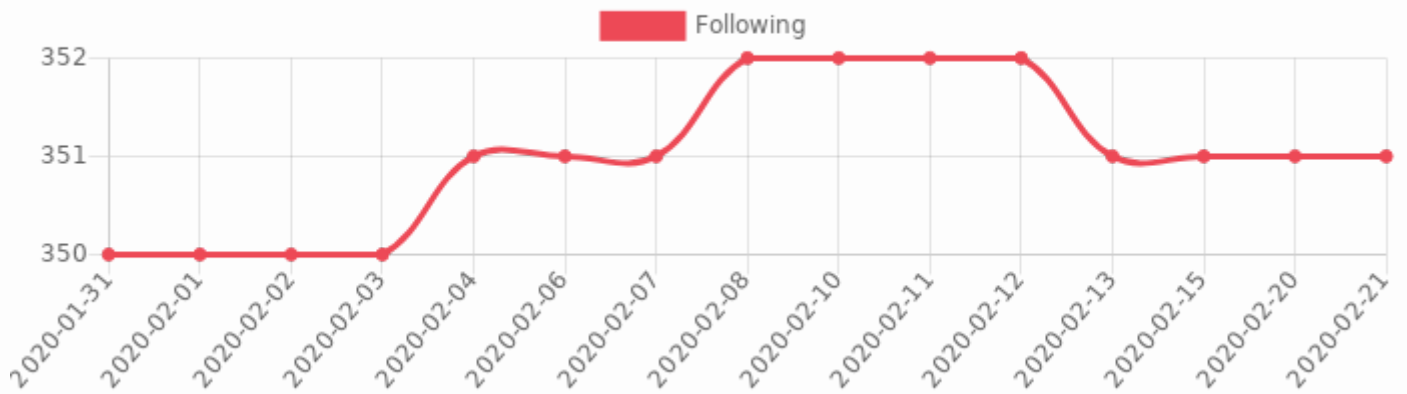
6,138

People Statistics Summary

Followers evolution chart





Following evolution chart



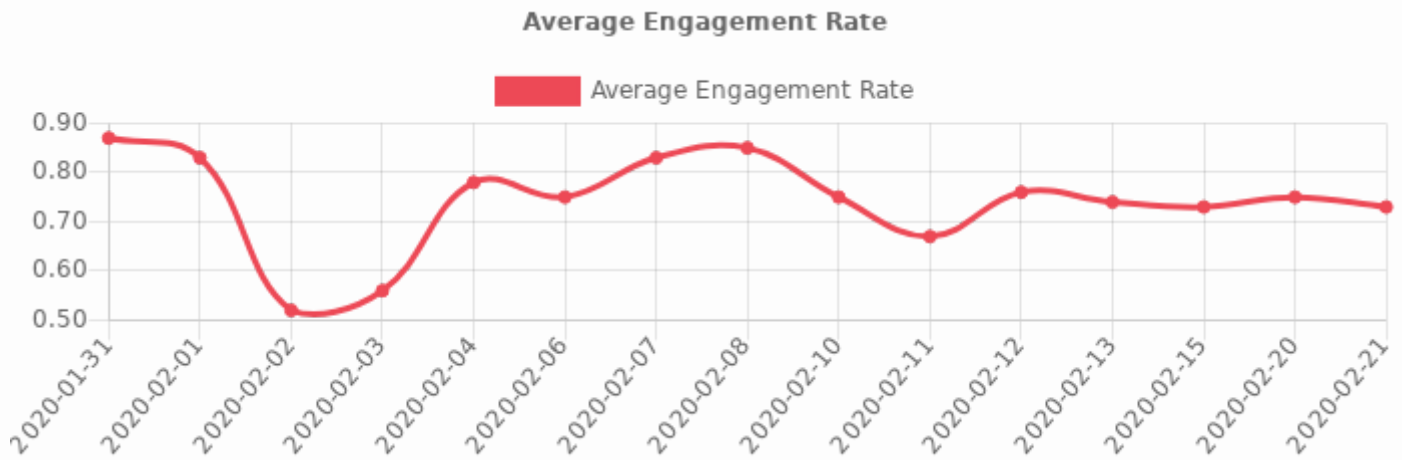
Account Stats Summary

Showing last 15 entries.

Date 		Followers		Following		Uploads	
2020-02-21	Fri	172,559,435	+69582	351	-	4,791	+2
2020-02-20	Thu	172,489,853	+497333	351	-	4,789	+6
2020-02-15	Sat	171,992,520	+121225	351	-	4,783	+1
2020-02-13	Thu	171,871,295	+177039	351	-1	4,782	+1
2020-02-12	Wed	171,694,256	+130854	352	-	4,781	-
2020-02-11	Tue	171,563,402	+141621	352	-	4,781	+1
2020-02-10	Mon	171,421,781	+193822	352	-	4,780	+2
2020-02-08	Sat	171,227,959	+195333	352	+1	4,778	+1
2020-02-07	Fri	171,032,626	+118747	351	-	4,777	+1
2020-02-06	Thu	170,913,879	+117152	351	-	4,776	+5
2020-02-04	Tue	170,796,727	+115715	351	+1	4,771	+3
2020-02-03	Mon	170,681,012	+119413	350	-	4,768	+5
2020-02-02	Sun	170,561,599	+128828	350	-	4,763	+3
2020-02-01	Sat	170,432,771	+122760	350	-	4,760	+2
2020-01-31	Fri	170,310,011	-	350	-	4,758	-
 Total Summary		+2249424				+33	

Average Engagement Rate Chart

Each value in this chart is equal to the Average Engagement Rate of the account in that specific day.



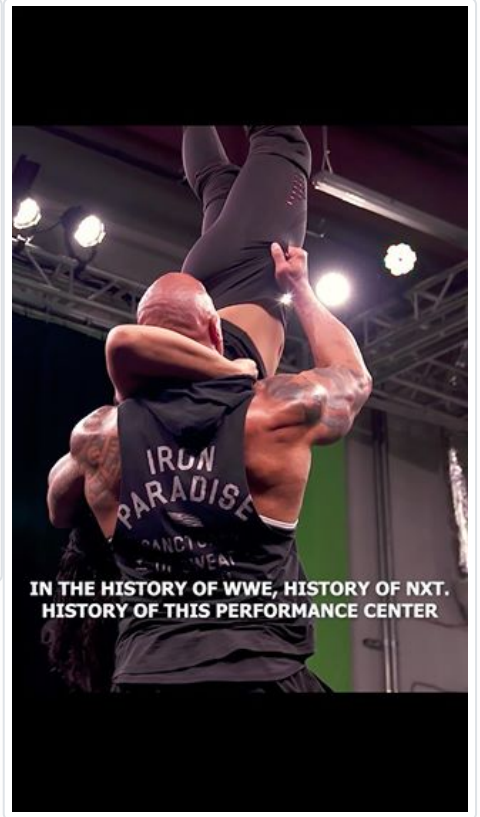
Future Projections

Here you can see the approximated future projections based on your previous days averages

Time Until	Date	Followers	Uploads
Current Stats	2020-02-21	172,559,435	4,791
30 days	2020-03-22	176,111,165	4,851
60 days	2020-04-21	179,662,895	4,911
3 months	2020-05-21	183,214,625	4,971
6 months	2020-08-19	193,869,815	5,151
9 months	2020-11-17	204,525,005	5,331
1 year	2021-02-20	215,772,150	5,521
1 year and half	2021-08-21	237,319,312	5,885
2 years	2022-02-20	258,984,865	6,251
Based on an average of		+118,391 followers /day	+2 uploads /day

Top Posts

Top posts from the last 10 posts



Top @Mentions

Top mentions from the last 10 posts

@underarmour	4
@projectrock	3
@sevenbucksprod	2
@asmithcoprod	2
@jonbrandoncruz	2
@ProjectRock	1
@UnderArmour	1
@DicksSportingGoods	1
@nbc titangames	1
@teremana	1
@NBC	1


Top #Hashtags

Top hashtags from the last 10 posts

#ThroughTheWork	3
#THROUGHTHEWORK	1
#UnderArmour	1
#peopleschamp	1
#nxt	1
#squaredcircleDNA	1
#blackadam	1
#blackadamjustice	1
#GoesWithEverything	1
#ProjectRock	1
#throughthework	1
#ManaOnTheRocks	1
#Welcome2Heaven	1
#projectrock	1
#TITANGAMES	1




Engagement Rates on Instagram

These are overall / average engagement rates found on Instagram. Statistics based on analysis of more than 1 million influencer profiles.

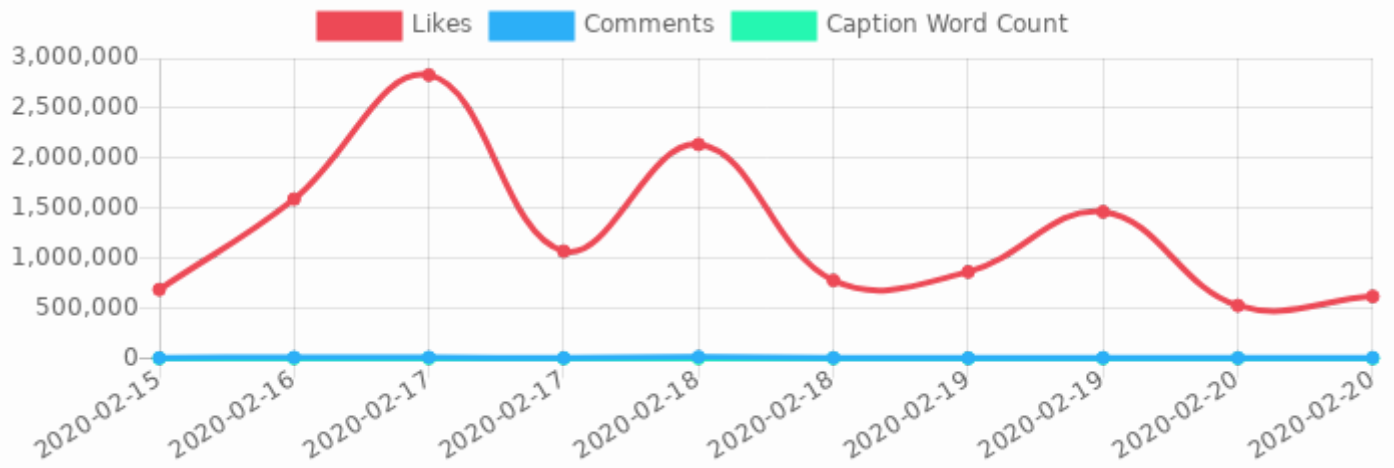
Followers	Other Average Engagement	Profile Engagement
< 1,000	8%	
< 5,000	5.7%	
< 10,000	4%	
< 100,000	2.4%	
100,000+	1.7%	 0.73%

Media Stats Summary

Showing last 10 entries.

	Posted On	Caption	Likes	Comments
	2020-02-20	Thank you for an outstand..	❤️ 618,968 -51%	💬 5,444 -11%
	2020-02-20	Shop NOW link up 📄🔗..	❤️ 527,463 -58%	💬 3,370 -45%
	2020-02-19	Intense. Raw #ThroughTheW..	❤️ 1,464,361 +16%	💬 5,366 -13%
	2020-02-19	Our season 2 of @nbc titan..	❤️ 864,370 -31%	💬 2,454 -60%
	2020-02-18	THIS THURSDAY my new @pro..	❤️ 778,964 -38%	💬 4,407 -28%
	2020-02-18	When my two delicious wor..	❤️ 2,138,523 +70%	💬 14,677 +139%
	2020-02-17	Chalk 'em up. THIS THU..	❤️ 1,070,602 -15%	💬 4,074 -34%
	2020-02-17	Training for Black Adam🔗..	❤️ 2,831,631 +125%	💬 9,294 +51%
	2020-02-16	Challenge yourself to gre..	❤️ 1,592,290 +27%	💬 8,741 +42%
	2020-02-15	The house built on our co..	❤️ 687,188 -45%	💬 3,528 -43%

Media Stats Chart



Last checked date: 2020-02-21 05:22:17

Time Zone: Europe/London

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